# The Med Spa of Kingwood

The Med Spa of Kingwood | 832-995-3380 | 2325 Timber Shadows Dr Kingwood, Texas 77339

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## Policy and Procedure for The Med Spa of Kingwood Medical Weight Loss Program:

## Introduction:

The Med Spa of Kingwood is proud to offer our Medical Weight Loss Program to clients seeking to achieve a healthy and sustainable weight loss. Our program is designed to help our clients lose weight while improving overall health and well-being.

## **Benefits:**

Our Medical Weight Loss Program offers numerous benefits such as weight loss, improved overall health, reduction of chronic diseases, and increased energy levels.

Qualifying Criteria: To qualify for Phentermine Medical Weight Loss, individuals must be at least 18 years old, have a body mass index (BMI) of 28 or higher, and have tried other weight loss methods without success. A thorough medical evaluation to ensure Phentermine is a safe and effective option for weight loss.

## **Contraindications:**

Our Medical Weight Loss Program may not be suitable for everyone. Please consult with your primary care physician before starting our program if you have any of the following conditions: pregnancy or nursing, history of heart disease, uncontrolled hypertension, recent stroke or heart attack, liver or kidney disease, or certain types of cancer including Medullary Thyroid Cancer, (MENS2).

## **Possible Side Effects:**

While we strive to ensure the safety of our program, there may be some possible side effects such as headaches, fatigue, constipation, muscle cramps, and menstrual changes.

## **Adverse Events:**

In rare cases, adverse events may occur. These may include severe allergic reactions, blood clots, kidney problems, or heart issues. If you experience any adverse events, please seek medical attention immediately.

## **Recommended Diet Plan:**

Our Diet Plan includes a low-calorie diet in combination with daily exercise and healthy food choices. Your Diet Plan may vary as it is customized specifically for you. This plan helps to reduce appetite and increase metabolism while preserving muscle mass.

## Legacy Fitness:

As part of our program, we offer one complimentary month at Legacy Fitness followed by \$29/month for the next two months. Legacy Fitness is a locally owned fitness center with a variety of equipment and classes to meet your fitness goals.

## **Conclusion:**

We hope our Medical Weight Loss Program will help you achieve your health and wellness goals. Please feel free to contact us with any questions or concerns you may have. We look forward to being a part of your weight loss journey!