

The Med Spa of Kingwood

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Policy and Procedure for The Med Spa of Kingwood Medical Weight Loss Program Semaglutide:

Introduction:

The Med Spa of Kingwood Medical Weight Loss Program offers a comprehensive solution for individuals who want to lose weight in a safe and effective manner. Our program includes the use of Semaglutide, a GLP-1 receptor agonist that has been proven to assist with weight loss.

Statistics and Recommendations:

Studies have shown that Semaglutide can lead to significant weight loss, with individuals losing an average of 15% of their body weight. To succeed in losing weight with our program, we recommend following a healthy and balanced diet, engaging in regular physical activity, and taking Semaglutide as prescribed.

Recommended Dosing:

Semaglutide is administered as a subcutaneous injection once a week. The recommended starting dose is 0.25 mg for the first 4 weeks and we will increase the dose as tolerated by patient up to 1mg. There is no time limit for this medication.

Benefits of Semaglutide:

Semaglutide works by mimicking the effects of GLP-1, a hormone that regulates appetite and glucose metabolism. This helps to reduce hunger and cravings, increase feelings of fullness, and improve insulin sensitivity. In addition to weight loss, Semaglutide has also been shown to improve cardiovascular health, reduce the risk of diabetes and delay gastric emptying.

Contraindications:

Semaglutide is contraindicated in individuals with a personal or family history of thyroid cancer, as well as those with a history of medullary thyroid carcinoma. It should also not be used in individuals with severe gastrointestinal disease or type 1 diabetes.

Side Effects and Adverse Events:

Common side effects of Semaglutide include nausea, vomiting, diarrhea, and constipation. These symptoms usually resolve within a few weeks of starting treatment. Rare but serious adverse events include pancreatitis, kidney damage, and retinopathy.

Competitive Pricing in Houston Texas:

Our Medical Weight Loss Program with Semaglutide is competitively priced at \$399/month. This includes a \$75 consultation with our Nurse Practitioner Suzy, one month complimentary at Legacy Fitness, and two months for \$29 each. Quarterly meet and greet accountability sessions with other members are also included.

Conclusion:

The Med Spa of Kingwood Medical Weight Loss Program with Semaglutide offers a safe and effective way to lose weight and improve overall health. We encourage you to contact us with any questions or concerns, and we look forward to helping you achieve your weight loss goals.